



# The 7<sup>th</sup> Christmas Pudding 5 Mile Dash

## Plus 2 mile fun run/walk and 1 mile Children's Turkey Drumsticks Scurry Saturday 15<sup>th</sup> December 2012 at 10.30am

Held under UKA Rules. Permit applied for.

**More information?**

Tel: 01797 230572

[info@nice-work.org.uk](mailto:info@nice-work.org.uk)

[www.nice-work.org.uk](http://www.nice-work.org.uk)

A multi-terrain race in a unique setting, this is a rare opportunity to run through the grounds of Ashburnham Place – a setting of great natural beauty with over 220 acres rich in wildlife. Part of the grounds have been designated a Site of Special Scientific Interest because of valuable flora and fauna. The grounds in their present form were designed and constructed in the mid-eighteenth century by Lancelot 'Capability' Brown. There are Christmas Puds and other Festive goodies on offer plus a medal and a glass of warming Mulled Wine will also be waiting for you at the finish.

**\*\*Medal and Christmas Pud to all finishers - plus Mulled Wine at the finish!!\*\***

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

**Venue: Ashburnham Place, Battle, East Sussex – 5 miles west of Battle on the A271**

**Toilets and limited changing facilities**

ENTRY FEE:	5 Mile	£11.00 attached	£13.00 unattached	£2.00 extra on the day
	Fun run	£3.00	£1.00 extra on the day	
	Children's Dash	£3.00	£0.50 extra on the day	

ENTRY LIMIT: 350. Closing date is 8<sup>th</sup> December but entries accepted on day subject to availability

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**ENTER ONLINE AT [www.runnersworld.co.uk/events](http://www.runnersworld.co.uk/events)**

Please enter me for the Christmas Pudding 5 Mile Dash [ ] Children's Scurry [ ] 2 Mile Fun Run [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 15/12/2012 \_\_\_\_\_

Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age on 15/12/12 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions.

SIGNATURE..... DATE.....

From ukresults.net

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]