



HALIFAX HARRIERS AC

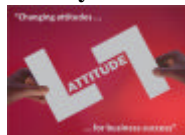
2009 Winners of



Presents the 25th

Helen Windsor 10K

Held under UKA Rules Supported by



Personal and Team development Training www.attitude7.co.uk

UKA Licence No2012-103435



Course measurement certificate no: 2010084



A SCENIC COURSE AROUND OPEN MOORLAND ROADS

WEDNESDAY 4th JULY 2012 - 7.30 P.M.

FROM GREETLAND ALL ROUNDERS SPORTS CLUB ROCHDALE ROAD

GREETLAND HALIFAX HX4 8PS Grid Ref SE071213

Please allow 5 minutes to get from the Club to the start line as the race starts below the Sportsman pub

Memento to all finishers

PRIZES FOR 1st 3 LADIES - 1st 3 MEN - 1st VET IN EACH CATEGORY

1st LADIES TEAM, 1st MEN'S TEAM (3 to count in each), 1st LOCAL UNATTACHED RUNNER

ENTRY FEE: £9.00 (+ £1 extra on the day)

A £2.00 discount is applicable for England Athletics (and other home countries associations) Licenced Competitors

NOTE: If your Licence Number is not supplied on the entry form the full entry fee is applicable.

Runners are requested not to wear any form of music playing device during the event, and if in breach of this request, will be withdrawn from the race.

MINIMUM AGE ON RACE DAY 15 YEARS

ENTRY LIMIT 300. CLOSING DATE FOR POSTAL ENTRIES WED 27th June 2012

ENTRIES TO (PLEASE ENCLOSE 9" x 6" SAE & CHEQUE MADE PAYABLE TO HALIFAX HARRIERS): SARAH CUMBER - 2 ASH TERRACE, DYSON LANE, RIPPONDEN, SOWERBY BRIDGE, WEST YORKS HX6 4ER (Tel 01422 823057, 6pm to 8pm only).

Separator line of asterisks

NAME..... RACE NUMBER: (For office use only): [ ]

UKA CLUB or U/A..... UK ATHLETICS MEMBERSHIP No: .....

MALE/FEMALE . AGE ON RACE DAY.....D.O.B.....Contact No:.....

ADDRESS.....

.....POST CODE.....

SIGNATURE..... DATE.....

Please tick if signatory is parent or guardian where the entrant is aged under 18 ?

From ukresults.net

DECLARATION Please enter me for the above event. I declare I am an amateur as defined by UK Athletics Laws and will abide by the laws and rules of UK Athletics. I accept that the organiser will not be liable for any loss, damage, action, claim, cost or expenses which may arise in the consequence of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and that in any event I will compete at my own risk. In the unlikely event of abandonment or cancellation, all or part of my entry fee may be retained for the management and administration of the event.

Data Protection information Your details will be retained on computer by the organisers only for the purposes of this event and any future events promoted by the organisers and will not be passed to anyone except for emergency services use, if appropriate.